

Iowa

State Regulations

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Non-Medical Care Professionals in Home Care

Link to regulation: [641.80.pdf \(iowa.gov\)](#)

Initial Training Requirements:

HCP does meet the initial training requirements.

- Currently, the [Iowa Department of Health](#) has no training requirements for caregivers working in senior care.
- HCP recommends our [8-Hour Caregiver Certification Series](#)

The Caregiver Certification Course covers the following topics:
• Your Role as a Non-Medical Care Professional
• Honoring Patients' Rights
• Honoring Confidentiality & HIPAA
• Helping with ADLS
• Helping with IADLS
• Guarding Against Abuse
• Guarding Against Neglect
• Preventing Infections & Falls
• Protecting Against Fires & Disasters
• Observing and Documenting Client Care
• Providing Client Centered Care

Ongoing Training Requirements:

HCP does meet the ongoing training requirements.

- Currently, the [Iowa Department of Health](#) does not require any ongoing training requirements for non-medical caregivers.
- HCP recommends 6-12 additional training hours annually. Please see our [online catalog](#) or download a [PDF catalog](#)

HCP recommendation, but not limited to the following:	
• Recognizing & Reporting Abnormal Observations	• Critical Thinking Skills
• All About Alzheimer's and Dementia (2hr)	• Customer Service in Health Care
• Activities for The Elderly	• Dealing with Family Members
• An Infection Control Update	• Client Safety Tips
• Bloodborne Pathogens	• Basic First Aid Tips
• A Vital Signs Update	• Home Care Safety Tips

Home Health Aides-Certified Nursing Assistant

Link to regulation: : [Title 42-Chapter IV- Sub G -Part 484- Subpart B](#)

Federal/ State Initial Certification Training Requirements:

HCP **does not** meet training requirements.

- Federal Training Regulations require Home Health Aides to become **certified through an [approved school/training program](#)** as Certified Nursing Assistants.

Ongoing Training Requirements:

HCP **does** meet the training requirements.

- Home health aides must complete **(12) hours** of topic specific in-service training per year.
- Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).

HCP recommended courses include, but are not limited to:
Maintaining Confidentiality
Patient Bill of Rights
A CPR Update
Basic First Aid Tips
Client-Centered Care
Basic Nutrition and Hydration
Infection Control in Home Care
Safe Environments for Clients with Dementia and Alzheimer's Disease
Disaster Planning
Reporting and Documenting Client Care
Helping with Activities of Daily Living
Customer Service in Health Care

Hospice Aides-Certified Nursing Assistant also referred to as HHA

Link to federal regulation: [eCFR :: 42 CFR Part 418 -- Hospice Care](#)

Federal/State Initial Training Requirements:

HCP **does not** meet training requirements.

- Hospice Aides are often referred to as home health aides (**HHAs**) and certified nursing assistants (**CNAs**)
Training must be provided by an [approved training school/program](#).

Ongoing Training Requirements:

HCP **does** meet the ongoing training requirements.

- A hospice aides/PCA's must receive at least 12 hours of in-service training during each 12-month period.
Inservice training may occur while an aide is furnishing care to a patient.
- Please see our [Hospice Courses for Caregivers.pdf \(homecarepulse.com\)](#) in addition you may see our [online catalog](#) or download a [PDF catalog](#).

Direct Care Professionals in ALFs- Direct Care Staff

Link to regulation: [lowa.pdf \(ahcancal.org\)](https://www.ahcancal.org/lowa.pdf)

Initial Training Requirements:

HCP does meet the training requirements.

- All direct care staff must be trained in the facilities accident, fire safety, and emergency procedures, and assigned tasks.
- Within 30 days of beginning employment all direct care staff must complete topic specific training.
- All direct care staff that are in a dementia specific program must receive a minimum of **8 hours** of dementia specific training annually.

Training Requirements	HCP Recommended Course Options
<u>8 hours- dementia training within 30 days of employment that includes the following topics:</u> • An explanation of Alzheimer's disease and related disorders. • The program's specialized dementia care philosophy and program. • Skills for communicating with persons with dementia. • Skills for communicating with family and friends of persons with dementia. • An explanation of family issues such as role reversal, grief and loss, guilt, relinquishing the care-giving role, and family dynamics. • The importance of planned and spontaneous activities • Skills in aiding with instrumental activities of daily living. • The importance of the service plan and social history information • Skills in working with challenging tenants. • Techniques for simplifying, cueing, and redirecting. • Staff support and stress reduction. • Medication management and non-pharmacological interventions.	Specialist-Learning-Paths-Alzheimers.pdf (homecarepulse.com) • All about Alzheimer's and Dementia (2.5hr.) • Activities for Individuals Living with Alzheimer's Disease (1hr.) • Mealtime with Alzheimer's and Dementia (1hr.) • Communicating with Individuals Living with Alzheimer's and Dementia (1hr.) • Safe Environments for People Living with Dementia and Alzheimer's Disease (1hr.) • Supporting and Guiding Individuals through Dementia-Related Behaviors (1hr.) • Preventing Elopement (1hr.)
Training on facilities accident, fire safety, and emergency procedures, and assigned tasks.	• Disaster Planning • Fire Prevention & Safety

2 hours within 6 months of employment related to the identification and reporting of dependent adult abuse.	• Understanding Abuse • Understanding Neglect
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Ongoing Training Requirements:

HCP **does** meet the ongoing training requirements.

- All personnel must receive a minimum of **2 hours** of dementia specific training annually.
- HCP recommends 6-12 additional training hours annually.

HCP recommendations. In addition please see our online catalog or download a PDF catalog .	
• Maintaining Confidentiality	• Disaster Planning
• Patient Bill of Rights	• Reporting and Documenting Client Care
• Understanding Basic Human Needs	• Helping with Activities of Daily Living
• Basic First Aid Tips	• Understanding Special Communication Needs
• Client-Centered Care	• Understanding Dementia
• Basic Nutrition and Hydration	• Disaster Planning

Direct Care Professionals in SNFs- Certified Nursing Assistant

Link to regulation: [CFR-2019-title42-vol5,part483-subpartD](#)

Initial Training Requirements:

HCP **does not** meet the initial training requirements.

- In Iowa, CNAs **must complete** a [state-approved](#) nurse aide training school/program.

Ongoing Training Requirements:

HCP **does** meet the ongoing training requirements.

- The Federal regulation requires CNAs to have at least 12 hours of continuing education per year to become recertified.

Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).