

Nebraska

State Regulations

Table of Contents

NON-MEDICAL CARE PROFESSIONALS IN HOME CARE (PRIVATE)	2
HOME HEALTH AIDES (CNA/HHA)	3
HOSPICE AIDES (CNA/HHA)	4
DIRECT CARE PROFESSIONAL IN ALF (DIRECT CARE STAFF)	5
DIRECT CARE PROFESSIONAL IN SNF (CNA)	7

Non-Medical Care Professionals in Home Care

Link to regulation: [Facilities-HealthCareFacilities.pdf \(ne.gov\) starts on page 38.](#)

Initial Training Requirements:

HCP **does** meet training requirements.

- Currently, the [Nebraska Department of Health](#) has no training requirements for caregivers working in private pay senior home care unless you are providing skilled nursing services or getting paid by Medicaid.
- HCP recommends our [8-Hour Caregiver Certification Series](#).

The Caregiver Certification Course covers the following topics:
• Your Role as a Non-Medical Care Professional
• Honoring Patients' Rights
• Honoring Confidentiality & HIPAA
• Helping with ADLS
• Helping with IADLs
• Guarding Against Abuse
• Guarding Against Neglect
• Preventing Infections & Falls
• Protecting Against Fires & Disasters
• Observing and Documenting Client Care
• Providing Client Centered Care

Ongoing Training Requirements:

HCP **does** meet the training requirements.

- Currently there are no ongoing training requirements in Nebraska.
- HCP recommends 6-12 additional training hours annually.

HCP recommendations. In addition, please see our online catalog or download a PDF catalog .
• Recognizing & Reporting Abnormal Observations
• All About Alzheimer's and Dementia (2hr)
• Activities for The Elderly
• An Infection Control Update
• Bloodborne Pathogens
• A Vital Signs Update
• Client Safety Tips
• Basic First Aid Tips
• Home Care Safety Tips
• Critical Thinking Skills
• Customer Service in Health Care
• Dealing with Family Members

Home Health Aide -HHA/CNA

Link to Regulation: [Title 42-Chapter IV- Sub G -Part 484- Subpart B](#)

Federal Initial Certification Training Requirements:

HCP **does not** meet the training requirements.

- Federal Training Regulations require Home Health Aides to **become certified through an approved school/training program in [Nebraska](#)**. (See Page 40)

Ongoing Training Requirements:

HCP **does** meet the training requirements.

- Home health aides must complete **12 hours** of in-service training per year.
- All courses meet this requirement. Please see our [online catalog](#) or download a [PDF catalog](#).

Recommended courses include, but are not limited to:
Maintaining Confidentiality
Patient Bill of Rights
A CPR Update
Basic First Aid Tips
Client-Centered Care
Basic Nutrition and Hydration
Infection Control in Home Care
Safe Environments for Clients with Dementia and Alzheimer's Disease
Disaster Planning
Reporting and Documenting Client Care
Helping with Activities of Daily Living
Customer Service in Health Care

Hospice Aides- Certified Nursing Assistants also referred to as HHA.

Link to regulation: [eCFR: 42 CFR Part 418 -- Hospice Care](#)

Federal Initial Training Requirements:

HCP **does not** meet the training requirements.

- Federal Training Regulations require Home Health Aides to become certified through a [Nebraska approved school/training program](#).

Federal /State Ongoing Training Requirements:

HCP **does** meet the training requirements.

- A hospice aide must receive at least **(12) hours** of in-service training during each 12-month period. Inservice training may occur while an aide is furnishing care to a patient.
- Please see our [Hospice Courses for Caregivers.pdf \(homecarepulse.com\)](#) in addition you may see our [online catalog](#) or download a [PDF catalog](#).

Direct Care Professionals in ALFs – Direct Care Staff

Link to regulation: [TITLE 175 \(nebraska.gov\)](https://www.nebraska.gov/title-175)

Initial Training Requirements:

HCP **does** meet the training requirements.

- Direct-care staff must complete a topic specific initial orientation within two weeks of employment.
- Direct Care Staff Training: Each assisted-living facility must ensure direct care staff receive training to perform job responsibilities.
- HCP recommends [8-Hour Caregiver Certification Series](#)

Requirements:	HCP Course Recommendation:
4-006.03B1 Orientation: Orientation must be given within two weeks of employment to each direct care staff person of the facility and must include as a minimum, but is not limited to: 1. Resident's rights. 2. Resident service agreement. 3. Infection Control practices including handwashing techniques, personal hygiene, and disposal of infectious material. 4. The facility's emergency procedures and information regarding advance directives. 5. Information on any physical and mental special care needs of the residents in the facility. 6. Information on abuse, neglect and misappropriation of money or property of a resident and reporting procedures. 7. Disaster preparedness plans.	The Caregiver Certification Course covers the following topics: 1. Your Role as a Non-Medical Care Professional 2. Honoring Patients' Rights 3. Honoring Confidentiality & HIPAA 4. Helping with ADLS 5. Helping with IADLS 6. Guarding Against Abuse 7. Guarding Against Neglect 8. Preventing Infections & Falls 9. Protecting Against Fires & Disasters 10. Observing and Documenting Client Care 11. Providing Client Centered Care
4-006.03A3 Health Status: Each assisted-living facility must establish and implement policies and procedures regarding the health status of staff to prevent the transmission of disease to residents.	Must be provided by facility
4-006.11D Special Populations Services: Each assisted-living facility that provides services to special must provided at minimum the following training to direct care staff: 1. The facility or unit's philosophy and approaches to providing care and supervision for persons with Alzheimer's disease. 2. The Alzheimer's disease process.	HCP Recommends the: Specialist-Learning-Paths-Alzheimers.pdf (homecarepulse.com) 1. All about Alzheimer's and Dementia 2. Activities for Individuals Living with Alzheimer's Disease 3. Mealtime with Alzheimer's and Dementia

3. The skills necessary to care for and intervene and direct residents who are unable to perform activities of daily living, personal care, or health maintenance and who may exemplify behavior problems or wandering tendencies.	4. Communicating with Individuals Living with Alzheimer's and Dementia 5. Safe Environments for People Living with Dementia and Alzheimer's Disease 6. Supporting and Guiding Individuals through Dementia-Related Behaviors 7. Preventing Elopement
Direct Care Staff Training: Each assisted-living facility must ensure direct care staff receive training to perform job responsibilities to care for the patient population served.	Courses may be selected freely from our online catalog or PDF catalog .

Ongoing Training Requirements:

HCP **does** meet the training requirements.

- Direct care staff be given at least 12 hours of training per year on topics appropriate to the employee's job duties including meeting the physical and mental special care needs of residents in the facility.
- Direct Care staff working in an Alzheimer's special care unit must complete at least 4 hours of dementia care training annually (courses listed below with **).
- Courses may be selected freely to meet those training needs. Please see our [online catalog](#) or download a [PDF catalog](#).

HCP recommendations but not limited to:
• Recognizing & Reporting Abnormal Observations
• Activities for The Elderly
• An Infection Control Update
• Bloodborne Pathogens
• A Vital Signs Update
• Client Safety Tips
• Basic First Aid Tips
• Techniques for Safe and Accurate Medication Administration
• Critical Thinking Skills
• Customer Service in Health Care
• Dealing with Family Members
• **All About Alzheimer's and Dementia (2hr) **
• **Activities for Individuals Living with Alzheimer's Disease (1hr) **
• **Supporting and Guiding Individuals through Dementia-Related Behaviors (1hr) **

Direct Care Professionals in SNFs- Certified Nursing Assistant

Link to regulation: [CFR-2019-title42-vol5,part483-subpartD](#)

Initial Training Requirements:

HCP **does not** meet the training requirements.

- Nebraska Health and Human Services requires direct care staff to complete a state approved training program/school to become Nurse Aides in accordance with [175 NAC 13](#).
- The [State of Nebraska](#) (see page 22) requires all facilities to provide initial topic specific training designed to meet the needs of the resident population served within two weeks of employment.
- HCP recommends [8-Hour Caregiver Certification Series](#)

Requirements:	HCP Course Recommendation:
<u>12-006.04B1 Initial Orientation:</u> The facility must ensure each employee of the facility receives initial orientation that includes at minimum the following: 1. Resident rights. 2. Emergency procedures including fire safety and disaster preparedness plans including availability and notification. 3. Information on abuse, neglect, and misappropriation of money or property of a resident and reporting requirements according to the Adult Protective Services Act, and facility procedures. 4. Job duties and responsibilities.	<u>The Caregiver Certification Course covers the following topics:</u> 1. Your Role as a Non-Medical Care Professional 2. Honoring Patients' Rights 3. Honoring Confidentiality & HIPAA 4. Helping with ADLS 5. Helping with IADLS 6. Guarding Against Abuse 7. Guarding Against Neglect 8. Preventing Infections & Falls 9. Protecting Against Fires & Disasters 10. Observing and Documenting Client Care 11. Providing Client Centered Care

Ongoing Training Requirements:

HCP **does** meet the training requirements.

- The Federal regulation requires [CNAs](#) to have at least **(12) hours** of continuing education per year to become recertified.

Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).