

New Mexico

State Regulations

Table of Contents

NON-MEDICAL CARE PROFESSIONALS IN HOME CARE (PERSONAL CARE ATTENDANT)	2
HOME HEALTH AIDES (CNA)	4
HOSPICE AIDES (CNA/HHA)	5
DIRECT CARE PROFESSIONAL IN ALF (DIRECT CARE STAFF)	6
DIRECT CARE PROFESSIONAL IN SNF (CNA)	8

Non-Medical Care Professionals in Home Care- Personal Care Attendant

Link to regulation: [New Mexico Title 7, Ch. 28, Section 2, Item 31](#)

Initial Training Requirements:

HCP **does** meet training requirements.

- The agency must submit, in writing, its intent to conduct homemaker/ personal care attendant or equivalent training and the source of training material for state approval.
- **40-hour state-approved training curriculum**, 10 hours must be completed before working with patients, and the remaining 30 hours must be completed within the first year of employment.
- Training Requirements in **RED** must be provided by the agency.

HCP recommendations. In addition please see our online catalog or download a PDF catalog .	
New Mexico Requirement	HCP Recommended Equivalent
Communication skills	• Understanding Special Communication Needs • Working with Difficult & Combative People • Dealing with Family Members • Working with Non-Compliant Clients
Patient/client rights, including respect for cultural diversity	• Understanding Cultural Diversity • Patient Bill of Rights
Recording of information for patient/client records;	• Reporting & Documenting Client Care
Nutrition and meal preparation	• Nutrition for the Elderly • Basic Nutrition & Hydration • Food Preparation & Safety Tips • Cooking for Your Clients
Housekeeping skills;	• Housekeeping Basics
Care of the ill and disabled, including the special needs populations	• Caring for Bedbound Clients • Handling Incontinence of the Bowel & Bladder • Caring for Clients During Chemo • Helping Clients with Mobility • Caring for Clients After Orthopedic Surgery • Preventing Pressure Ulcers • All about Alzheimer's and Dementia • Helping with Activities of Daily Living • Bathing Tips • Dressing & Grooming Tips • Helping with Instrumental Activities of Daily Living • Understanding Ostomies & Ostomy Care • Perineal & Catheter Care • Toileting Tips

Emergency response (including CPR & first aid);	• Basic First Aid Tips • A CPR Update
Basic infection control;	• An Infection Control Update • Standard Precautions • Handwashing • Protecting Clients During Flu Season • Bloodborne Pathogens • Handling Biomedical Waste
Home safety	• Client Safety Tips • Performing Safe Transfers • Home Care Safety Tips • Fire Prevention & Safety • Understanding Fall Risk Factors • Using Assistive Devices

Ongoing Training Requirements:

HCP **does** meet training requirements.

- Personal Care Attendants must receive at least **10 hours of annual** Inservice training annually.

HCP recommendations. In addition please see our online catalog or download a PDF catalog .
• Customer Service in Health Care
• Dealing with Family Members
• Helping with Activities of Daily Living
• Recognizing and Reporting Abnormal Observations
• Disaster Planning
• Discover Your Flair for Excellent Client Care
• Feeding Your Clients
• Safe Environments for Clients with Dementia and Alzheimer's Disease
• Understanding Common Medications
• Helping Clients with Mobility

Home Health Aides-Certified Nursing Assistant

Link to Regulation: [Title 42-Chapter IV- Sub G -Part 484- Subpart B](#)

Federal Initial Certification Training Requirements:

HCP **does not** meet training requirements.

- Federal Training Regulations require Home Health Aides to **become certified through an approved school/training program** as Certified Nursing Assistants.

Ongoing Training Requirements:

HCP **does** meet training requirements.

- Home health aides must complete 12 hours of in-service training per year. All courses meet this requirement.

HCP recommendations. In addition please see our online catalog or download a PDF catalog .
Maintaining Confidentiality
Patient Bill of Rights
A CPR Update
Basic First Aid Tips
Client-Centered Care
Basic Nutrition and Hydration
An Infection Control Update
Safe Environments for Clients with Dementia and Alzheimer's Disease
Disaster Planning
Reporting and Documenting Client Care
Helping with Activities of Daily Living
Grieving with and For Your Clients

Hospice Aides- Certified Nursing Assistants also referred to as HHA

Link to regulation: [eCFR :: 42 CFR Part 418 -- Hospice Care](#)

Federal Initial Training Requirements:

HCP **does not** meet training requirements.

- Hospice Aides are often referred to as home health aides (HHAs) and certified nursing assistants (CNAs)
Training must be provided by an approved training school/program.

Federal Ongoing Training Requirements:

HCP **does** meet the training requirements.

- A hospice aide must receive at least 12 hours of in-service training during each 12-month period. Inservice training may occur while an aide is furnishing care to a patient.
- Please see our [Hospice Courses for Caregivers.pdf \(homecarepulse.com\)](#) in addition you may see our [online catalog](#) or download a [PDF catalog](#).

Direct Care Professionals in ALFs – Direct Care Staff

Link to regulation: [New Mexico Code, Assisted Living Facility, 781632](#)

Initial Training Requirements:

HCP **does** meet the initial training requirements.

- Direct care staff must complete **16 hours** of supervised training prior to providing unsupervised care.
- Training Requirements in **RED** must be provided by the agency.

HCP recommendations. In addition please see our online catalog or download a PDF catalog .	
New Mexico Requirement	HCP Recommended Equivalent
Training must include fire safety;	• Fire Prevention & Safety
resident confidentiality;	• Maintaining Confidentiality
first-aid;	• Basic First Aid Tips
residents' rights;	• Patient Bill of Rights
reporting requirements for abuse, neglect, and exploitation;	• Understanding Abuse • Understanding Neglect
infection control;	• An Infection Control Update
transportation safety for assisting residents and operating vehicles to transport residents;	• Transportation Safety • Facility transportation rules and regulation
and methods for providing quality resident care.	• Client Centered Care • Maintaining Your Clients Dignity • A CPR Update • Dealing with Family Members • Client Centered Care • Basic Nutrition and Hydration • An Infection Control Update • Reporting and Documenting Client Care • Helping with Activities of Daily Living

Facilities with Hospice Services:

- For facilities offering **hospice services**, all staff **must receive 6 hours of hospice training**.
- Plus **1 additional** hour for each hospice resident's Individual Service Plan.
- Please see our [Hospice Courses for Caregivers.pdf \(homecarepulse.com\)](#) in addition you may see our [online catalog](#) or download a [PDF catalog](#).

Ongoing Training Requirements:

HCP **does** meet the training requirements.

- Direct care staff must complete at least 12 hours of training annually.

HCP recommendations. In addition please see our online catalog or download a PDF catalog .	
Client-Centered Care	Helping with Activities of Daily Living
Customer Service in Health Care	Discover Your Flair for Excellent Client Care
Recognizing & Reporting Abnormal Observations	Understanding Common Medications
Disaster Planning	Helping Clients with Mobility
Safe Environments for Clients with Dementia & Alzheimer's Disease	A CPR Update
Dealing with Family Members	An Infection Control Update
Working with Non-Compliant Clients	Infection Control: Tuberculosis, HIV, and Hepatitis

Memory Care Unit:

- Employees who provide care to memory unit residents **must have a minimum of 12 hours of annual** training related to dementia, Alzheimer's disease, or other pertinent information relating to current residents.

HCP recommendations. In addition please see our online catalog or download a PDF catalog .	
Activities for Individuals Living with Alzheimer's Disease	All About Alzheimer's and Dementia
Communicating with Individuals with Alzheimer's and Dementia	Helping Prevent Client Elopement
Mealtime with Alzheimer's and Dementia	Safe Environment for People with Alzheimer's and Dementia Disease
Supporting and Guiding Individuals through Dementia Related Behaviors	Working with Difficult Combative People
Understanding Special Communication Needs	Helping with Activities of Daily Living
Maintaining Confidentiality	Maintaining Your Clients Dignity

Direct Care Professionals in SNFs- Certified Nursing Assistant

Link to regulation: [CFR-2019-title42-vol5,part483-subpartD](#)

Initial Training Requirements:

HCP **does not** meet training requirements.

- In New Mexico **CNAs must complete a state-approved CNA** training school/program that includes at least 75 hours of training, with at least 16 hours of clinical training.

Ongoing Training Requirements:

HCP **does** meet the ongoing training requirements.

- The Federal regulation requires CNAs to have at least 12 hours of continuing education per year to become recertified.

Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).